

My Personal Values

Identify your 20 most important Values, without trying to prioritise them, by circling 20 of the values below that most call to you . (You can write in other values not on the list.) Then distil them down to the 6 values most important to you and write them below.

Adventure	Financial Security	Leadership	Protecting the environment
Ambition	Flexibility	Learning	Quality of life
Art	Forgiveness	Leisure	Quiet times
Beauty	Freedom of choice	Literature	Recognition
Calmness	Friendship	Living your dreams	Relationship with partner
Challenge	Generosity	Love for myself	Reliability
Change and variety	Global awareness	Love for others	Respect
Charity	Global peace	Making a difference	Results
Collaboration	Growth	Massive wealth	Security
Community	Happiness	Music	Self-control
Compassion	Harmony	Natural living	Spirituality
Competition	Having a say and a voice	Nature	Spontaneity
Courage	Having dreams	Open communication	Stability
Creativity	Health	Optimism	Standing up for yourself
Cultural diversity	Help society	Passion	Support
Curiosity	Honesty	Patriotism	Sunlight
Decisiveness	Humour	Persistence	Taking care of myself
Democracy	Independence	Personal expression	Taking responsibility
Empathy	Influence people	Personal growth	Taking risks
Excitement	Inspiring others	Physical Challenge	The big picture
Experimentation	Integrity	Play	Thinking time
Expertise	Intelligence	Pleasure	Time freedom
Fairness and social justice	Kindness	Positive attitude	Tolerance
Family	Knowledge	Power and authority	Trust
Feminism	Laughter	Professionalism	Understanding

Six Most Important Values

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My Personal Values

My most important Values, and why they're important to me:

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